OUR STATEMENT OF VALUES

We believe that food access and security are basic human rights. We strive to ensure that emergency food distribution is available to community members and that food access programs, nutrition support and other food-related activities are available in our community.

We recognize that problems of food access and security are often related to multiple issues requiring a holistic approach to service delivery. We strive to improve the quality of life for community members through advocacy work, providing information and referral to services, engaging in crisis intervention when necessary and enabling people to take control over their own circumstances whenever possible.

The development of mutual responsibility – ensuring that community members work together and depend on each other for inspiration and support – is important to us and our work.

We value working with others by linking activities, integrating programs and maximizing the use of all community resources.

We value a strong organization that is financially sound, has qualified and capable staff and volunteers, and provides leadership in the food access and food security sector.

In all of our work, we respect each other. We value the unique skills, strengths and experiences of each person and ensure that each person is given the opportunity to make informed choices.

We strive to remove all visible and invisible barriers to ensure that our services and programs are accessible.

We wish to be as inclusive as possible and will remain flexible in our work, recognizing and valuing the unique role of all people in our diverse community.
EVERYONE CAN BE A MEMBER OF THE STOP

Everyone, no matter what their involvement with The Stop (food bank users, program participants, donors, volunteers, interested individuals) can be a member of The Stop.

All you have to do is to support our mission and values statement.

We value everyone’s opinion equally. We realize that people often shift from one type of involvement to another over time, or may be participating in a variety of ways at the same time. The only distinctions we make are:

- **Full members**—those who live in our neighbourhood.
- **Associate members**—those who live outside of the neighbourhood.
- **Organizational members**—groups that support our work.

BECOME A MEMBER

As a member, you have the right to:

- Elect Board members;
- Vote at our AGM;
- Receive invitations to join us at community consultation events; and,
- Receive regular updates on our work.

OUR MISSION

The Stop Community Food Centre strives to increase access to healthy food in a manner that maintains dignity, builds health and community, and challenges inequality.

YOUR MEMBERSHIP MATTERS

As a community-based organization, our members are essential to our success. We could not do our work without the support and involvement of our members.

The Stop relies on its members to make sure that our programs and services meet the needs and interests of local citizens like you.

We are committed to making membership as meaningful as possible and to creating many opportunities for members to become involved.

Please note— you have to renew your membership each year by filling out this form.