



# Make **LUNCH.** Make **CHANGE.**

Make your lunch for one week and donate the money you saved to The Stop Community Food Centre.

## **It's Simple:**

Sign-up below to receive more information, including inspirational recipes from The Stop's kitchen! Funds raised will enable The Stop to provide hot, nutritious meals to members of our community.

Contact: \_\_\_\_\_

| Name: | Email/Phone: | Name: | Email/Phone: |
|-------|--------------|-------|--------------|
| _____ | _____        | _____ | _____        |
| _____ | _____        | _____ | _____        |
| _____ | _____        | _____ | _____        |
| _____ | _____        | _____ | _____        |
| _____ | _____        | _____ | _____        |
| _____ | _____        | _____ | _____        |
| _____ | _____        | _____ | _____        |
| _____ | _____        | _____ | _____        |
| _____ | _____        | _____ | _____        |
| _____ | _____        | _____ | _____        |

Please Include Your Full Name & Email. We plan to collect funds on: \_\_\_\_\_



[www.thestop.org/makechange](http://www.thestop.org/makechange)