



**Job Posting Co-facilitator – Emotional Wellness Peer Support Group  
(1-year part-time contract 8hrs/week)**

**ABOUT THE STOP:**

The Stop began over 35 years ago as one of North America's first food banks and it has grown into a vibrant community food centre using food as a tool to connect with community in addressing poverty, social isolation and health in one of Toronto's lowest-income neighbourhoods. The Stop's mission is to increase access to healthy food in a manner that maintains dignity, builds community and address inequality and social justice.

**THE OPPORTUNITY:**

The Stop Community Food Centre's Emotional Wellness Peer Support Group is designed to increase the breadth and depth of community supports accessed by people living with mental health challenges within the participant population. This 1-year project will provide a year of weekly, front-line support to individuals facing mental health challenges and additional systemic barriers. A facilitator and co-facilitator will lead sessions with social services training, both of whom are also peers, with lived experience with mental illness.

**KEY DUTIES & RESPONSIBILITIES:**

- Co-facilitate a weekly Peer Support Group
- Engage in weekly community outreach to promote the Peer Support Group.
- Plan and implement group activities.
- Provide follow up support within the Stop's Drop-in and with-in the community at large
- In collaboration with lead facilitator, ensure required data is collected and report prepared for funders.
- Ensure programming reflects The Stop's policies and procedures

**Qualifications and Skills:**

- Lived experience with mental illness.
- Experience facilitating groups
- Excellent communication skills
- Experience working with diverse and marginalized communities from an anti-racist / anti-oppressive framework.
- Understand systemic barriers and able to provide support
- Excellent interpersonal skills, ability to engage with program participants
- Experience in de-escalating and ability to handle conflict
- Computer knowledge and skills, including Word and Excel.

**Salary:** \$19.06 / per hour

**Start date:** June 12, 2018

Please submit your cover letter and résumé by Friday May 25, 2018 at 5pm Attention:  
Hiring Committee, **Co-facilitator – Emotional Wellness Peer Support Group** to, [winsome@thestop.org](mailto:winsome@thestop.org)

*No faxes or phone calls please.*

The Stop Community Food Centre is committed to Employment Equity and encourages applicants from equity seeking groups. We regret that only applicants being considered will be contacted.